

History

- To know why the Romans left Britain
- To know where the Anglo-Saxons and Scots fit into the timeline of Britain
- To know how the Anglo-Saxons and Scots came to settle in Britain
- To know how bias can affect people's interpretations of history
- To know the seven kingdoms of Anglo-Saxon Britain
- To know why the Vikings settled in Britain To know the Anglo-Saxon timeline

Literacy and Reading

- Spelling, punctuation and grammar
- Non-chronological report about the Vikings and Anglo-Saxons
- Narrative based on Viking Boy

Maths

- To practise and use multiplication tables (up to 12 x 12).
- Place value.
- Four operations.

Design Technology - Healthy Meals

To know the main food groups and their nutritional value.

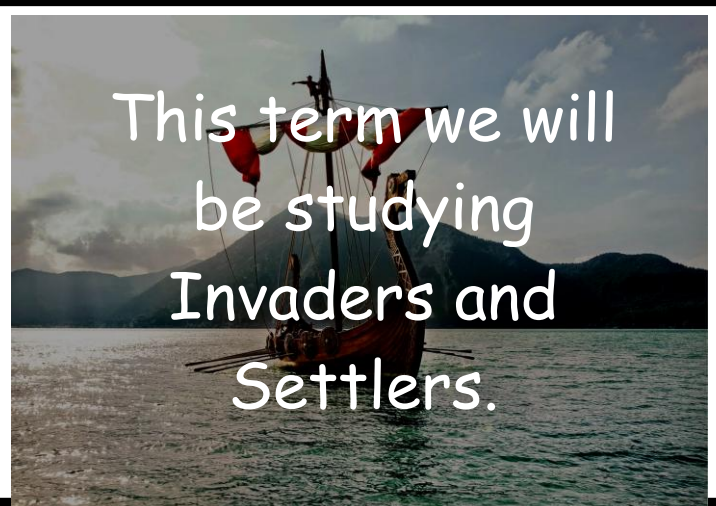
To know that diet contributes towards a healthy lifestyle.

To know about food hygiene and how food can be prepared safely.

To know how to design a healthy meal.

To know how to prepare a healthy meal using knowledge of the 5 food groups.

To know how cooking involves a range of techniques and be able to use them safely. To know how to evaluate a product and suggest improvements.



Computing - Systems and Networks

**PE - Swimming (6D), Athletics (6F) and
Gymnastics (Both)**

PSHE - Keeping Safe

Science - The Circulatory system/ diet, exercise and impact on the human body

- To know the main parts of the human body, including the circulatory system, and describe the functions of the heart, blood vessels and blood
- To know what each organ does in our body and their functions
- To know the main parts of the heart and how oxygen is carried to and from it
- To know the impact of diet, exercise, drugs and lifestyle on the way the body functions
- To know that exercise raises the heart rate and that regular exercise will make my body function