



# Standens Barn Primary School

Flaxwell Court, Northampton, NN3 9EH

Telephone: 01604 413151

E-mail: [head@standens.northants-ecl.gov.uk](mailto:head@standens.northants-ecl.gov.uk)

[helen.shingley@sbps.inmat.org.uk](mailto:helen.shingley@sbps.inmat.org.uk) or [louise.bates@sbps.inmat.org.uk](mailto:louise.bates@sbps.inmat.org.uk)



Website address: [www.standens.northants.sch.uk](http://www.standens.northants.sch.uk)

Follow us on Twitter: @StandensBarn / Facebook: Standens Barn / Instagram: standensbarnprimary



Headteacher: Amie James



February 2024

Dear Parents and Carers,

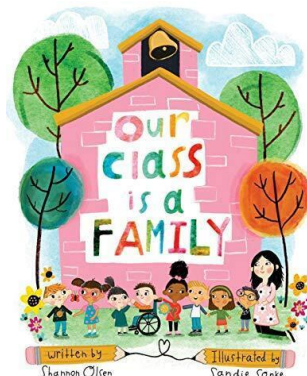
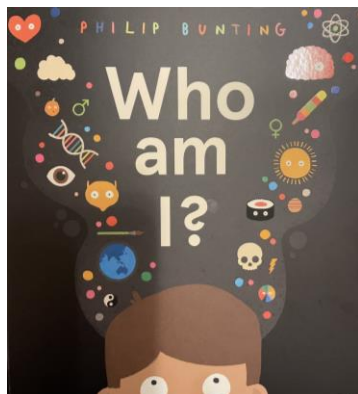
The term has been full of exciting learning opportunities including welcoming visitors, blasting rockets, being Victorians or pirates and enjoying a virtual museum.



Please continue to check your emails, our school website and social media for regular updates about what is happening in school and the curriculum offer for your child and about what they are learning.

## Assemblies

In assemblies this term, we have talked about our new year resolutions, having ambitions and how we will show BEST. We have also talked about how we should be proud of who we are, what we look like, our names, our skin colour, our beliefs and our families and, whilst we are all different, we are all welcome in our school.



By being thoughtful, how are we helping to promote our British Values?

We need to remember that we are all different but we are all welcome!

**BEST**

## Children's Mental Health Week

During Children's Mental Health Week, we used this time to remember that our voice matters and that we should feel Brave and Enthusiastic and we should be Thoughtful and listen to others.

The children and staff have all completed a Post-it Note task to create a display in the hall. This was to encourage us all to share our voice including opinions on something they may like, what they want to be when they grow up or their dream for the planet etc. It has been wonderful to read all the thoughts that have been shared.

### Looking after your Mental Health

Where to look for support if you have concerns about your own or your child's mental health

#### First steps

When facing issues with your Mental Health it can be difficult to know where to turn to look for help and support, here are some places to start:

- Speak to your GP - they will be able to provide you with advice and information on support and services available.
- Talk to us - we are always here to help in any way that we can.

- Mrs Drummond our Family Support Worker can provide support and advice where possible. Please don't hesitate to ask.

### Other Organisations

*Additional places to look for help*

### Helpful APPS

**headspace**  
Through science-backed meditation and mindfulness tools, Headspace helps you create life-changing habits to support your mental health and find a healthier, happier you.

**Calm**  
The No. 1 app for meditation and sleep.

**Pacifica App**  
Daily tools for stress and anxiety based on cognitive behavioural therapy and mindfulness.

**Davita**  
This mood tracker allows you to log your daily mood, highlights and low points in order to get a visual overview of how you are feeling.

<https://www.nhs.uk/every-mind-matters/>  
This website has some useful tips and techniques for a range of mental health issues.

**ChildLine**  
0800 1111  
You can also access a 1-2-1 counsellor online through Childline here:  
<https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/>

## F1 in schools competition

On Friday 9<sup>th</sup> February, a group of 12 dedicated children participated in the regional finals of the F1 in Schools competition at Aston University in Birmingham.

The children attended an after-school club for many weeks, and, during this time, they designed and built their own F1 model cars.

During the final competition, our children raced their car, presented their designs and independently answered a number of questions by a panel of adults. The children have demonstrated our ethos of BEST and shown resilience, passion and enthusiasm. We are all incredibly proud of their achievements- well done to all involved.







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Headteacher: **Amie James**



## Attendance information

I would like to take this opportunity to remind you that children should be arriving and entering their classes at **8:50am** ready for the school day to begin. Registration is completed at 9:00am and lessons begin immediately- if children arrive after this time, late marks are recorded. It is important to ensure you leave home with plenty of time to spare so your child can have a calm and settled start to their learning.

Dental and medical appointments should be made outside of school hours. Our office staff will ask you for the evidence of medical appointments otherwise the absence will be unauthorised.

In addition to this, DfE guidelines state that schools may not authorise absence or time for holidays during term time unless there are 'exceptional circumstances'. If five or more consecutive day's unauthorised leave is taken you will be referred to the Local Authority and this may result in a fine and possible prosecution.

**The long days of January have ended, February now seems to be flying by and once again we are at the end of another rewarding term.**

**I hope you all enjoy a restful break. We look forward to welcoming you back on Monday 26<sup>th</sup> February 2024 at 8:50a.m.**

**Mrs Amie James**  
Head teacher

### Reminders:

*To keep all our children safe, the play equipment/trim trail on our school playground is not to be used before and after school. The equipment is only supervised during playtimes, lunchtimes and specific PE lessons.*

*Please remember the car park is shut between 8:30 and 9:10 and from 3:00 until 3:30, unless you hold a disability badge/permit for vehicles which needs to be displayed clearly. Our caretaker will open the school gates when it is time to do so.*

*Please ensure you park safely and thoughtfully and NOT on the zigzag lines or in the school car parks (the areas both inside and outside the gates).*

*Please remember that if your child would like to bring their bike or scooter into school, they must wear a helmet.*

*We are committed to BEST and treating you with respect and courtesy and to be Thoughtful to you all. Our staff also have the right to work in a safe environment, so we ask that you treat them thoughtfully and with respect and courtesy. Offensive behaviour will result in you being asked to leave and may result in prosecution.*

*Please keep up to date with all information by regularly checking your emails, our social media pages and our school website.*

